



Code of Behaviour for WLAC Athletes

WLAC athletes should strive to adhere to the following codes of behaviour:

- Play by the rules;
- Do not deliberately distract or provoke an opponent – this is not acceptable in our sport;
- Show good sportsmanship – applaud all good results whether they be from WLAC, an opponent, or from another Centre or Club;
- Treat all fellow athletes as you would like to be treated – do not interfere with, bully or take unfair advantage of another athlete;
- Avoid using bad language;
- Work equally hard for yourself and WLAC;
- Co-operate with your coach, club mates and other participants in our sport – without them there would be no competition;
- Participate in Little Athletics for your enjoyment – not just to please your parents, relatives or your coach;
- Show respect to coaches and officials;
- Never argue with or abuse an official, and
- Recognise the value and importance of volunteer officials and/or coaches, as they give their time, resources and knowledge to provide an enjoyable and safe environment for you, and deserve your support.



Code of Behaviour for Parents and Relatives

WLAC parents and relatives attending ACT Little Athletics Association (ACTLAA) activities, which may include weekly competition at WLAC, carnivals, coaching and education clinics, are to adhere to the following codes of behaviour:

- Encourage the child to participate;
- Focus on the child's efforts rather than the overall result, as this will assist the child in setting realistic goals related to his/her ability by reducing the emphasis on winning;
- Teach the child that an honest effort is as important as a victory, so that the result of each event is accepted without disappointment;
- Encourage the child to always participate according to the rules;
- Never ridicule or yell at a child for making a mistake or losing an event;
- Remember that the child is involved in Little Athletics for their enjoyment – not yours;
- If you disagree with an official, raise the issue through the appropriate channels rather than questioning the official's judgement and honesty in public. Remember that most officials give their time and effort freely for the children's involvement in Little Athletics;
- Support all efforts to remove verbal and physical abuse in ACTLAA activities;
- Recognise the value and importance of being a volunteer official and/or coach, as they give their time, resources and knowledge to provide an enjoyable and safe environment for your children, grandchildren, nephews, nieces, and deserve your support;
- Remember that children participate in ACT Little Athletics activities for fun and are not participating for the convenience of parents only – it is not a child-minding organisation. Centres need your support and involvement to conduct activities for your child;
- Demonstrate appropriate social behaviour by not harassing children, coaches or officials, and by not smoking on the arena or being intoxicated, and
- Avoid using bad language.